

On-board Train Emergency Instructions

Always

Contact a train crew member
Listen for announcements



Fire



Move to an unaffected car
Remain inside—tracks are electrified
Follow instructions of emergency workers
Train crews can access fire extinguishers
Do not activate emergency brake



Medical



If a passenger is in distress,
notify a crew member immediately
If you are medically qualified and able to
assist, identify yourself to the crew

Police



Notify the crew of any unlawful or
suspicious activity on board your train
Train crews can contact the police en route

Evacuation



Follow instructions of train crew and
emergency workers
At doors: open the Emergency Exit
panel and follow the instructions inside
At windows: follow the instructions posted
on or next to the emergency exit window



On-board Train Emergency and Evacuation Instructions



Metropolitan Transportation Authority
Long Island Rail Road
Metro-North Railroad



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